



All the Feels: Chinese Medicine Psychology & the 7 Emotions

Syllabus

EMOTIONS & COGNITION

(audio lessons & notes)

Introduction to the 7 Emotions (audio lesson)

Introduction to Organ Theory

The Cognitive Process

Exploration of the 7 Emotions & Therapeutic Tips

& Therapeutic Tips (notes & audio lesson)

Bonus: Emotional Guidance Scale

Bonus: Yin Wei, Yang Wei & Boundaries

PROJECTS

Project 1 - Case Study

Project 2 - Coming Clean

HOW TO GET PDA/CEUs

Course Worksheet

PDA Quiz

Course Evaluation

