



# Dui Yao: Herbal Medicine Power Couples

*Syllabus*

## **INTRODUCTION TO HERB COMBINING**

*Formulations (audio lesson)*  
*Preparation of Decoctions (audio lesson)*  
*Roles & Responsibilities (notes, audio lesson)*  
*Formula Modification*  
*8 Treatment Methods*

## **HERBAL COUPLES**

### **Couples 1**

*Ma Huang, Gui Zhi*  
*Ma Huang, Xing Ren*  
*Gui Zhi, Bai Shao*  
*Jing Jie, Fang Feng*  
*Fang Feng, Cang Zhu*  
*Qiang Huo, Du Huo*  
*Xi Xin, Ban Xia, Gan Jiang*  
*Sheng Jiang, Da Zao, Gan Cao*  
*Sheng Jiang, Ban Xia*





## Dui Yao: Herbal Medicine Power Couples

*Syllabus Continued*

### ***Couples 1 Continued***

*Ban Xia, Chen Pi*

*Cang Er Zi, Xin Yi Hua*

### ***Couples 2***

*Bo He, Chai Hu*

*Sang Ye, Ju Hua*

*Sang Ye, Xing Ren*

*Ju Hua, Gou Qi Zi*

*Dan Dou Chi, Shan Zhi Zi*

*Chai Hu, Huang Qin*

*Huang Qin, Huang Lian*

*Chai Hu, Bai Shao*

*Chai Hu, Sheng Ma*

*Shi Gao, Zhi Mu*

*Zhi Mu, Huang Bai*

*Shan Zhi Zi, Mu Dan Pi*

*Mu Dan Pi, Da Huang*





## Dui Yao: Herbal Medicine Power Couples

*Syllabus Continued*

### ***Couples 2 Continued***

*Da Huang, Mang Xiao*

*Jue Ming Zi, Xia Ku Cao*

*Sheng Di Huang, Mu Dan Pi*

*Mu Dan Pi, Chi Shao*

*Huang Lian, Wu Zhu Yu*

*Huang Bai, Cang Zhu*

*Qin Pi, Bai Tou Weng*

*Jin Yin Hua, Lian Qiao*

*Pu Gong Ying, Zi Hua Di Ding*

*Pu Gong Ying, Bai Jiang Cao*

*Yu Xing Cao, Jie Geng*

*Qing Hao, Bie Jia*

*Di Gu Pi, Mu Dan Pi*

*Da Huang, Yin Chen Hao*

*Huo Ma Ren, Yu Li Ren*





## Dui Yao: Herbal Medicine Power Couples

*Syllabus Continued*

### **Couples 3**

*Fu Ling, Ze Xie*  
*Fu Ling, Zhu Ling*  
*Fu Ling, Gui Zhi*  
*Qu Mai, Bian Xu*  
*Jin Qian Cao, Hai Jin Sha*  
*Han Fang Ji, Huang Qi*  
*Huang Qi, Bai Zhu*  
*Huang Qi, Dang Gui*  
*Dang Gui, Bai Shao*  
*Wu Jia Pi, Du Zhong*  
*Qin Jiao, Bie Jia*

### **Couples 4**

*Sang Zhi, Sang Ye*  
*Qian Hu, Chai Hu*  
*Ban Xia, Hou Po*  
*Jie Geng, Gan Cao*





## Dui Yao: Herbal Medicine Power Couples

*Syllabus Continued*

### ***Couples 4 Continued***

*Xing Ren, Zi Su Zi*

*Kuan Dong Hua, Zi Wan*

*Cang Zhu, Hou Po*

*Hou Po, Zhi Shi*

*Cao Guo, Zhi Mu*

*Shan Zha, Shen Qu, Mai Ya*

*Chen Pi, Sheng Jiang*

*Qing Pi, Chai Hu*

*Xiang Fu, Wu Yao*

*Mu Xiang, Sha Ren*

*Mu Xiang, Bing Lang*

*Mu Xiang, Chen Xiang*

*Dan Shen, Tan Xiang*

*Chuan Lian Zi, Xiao Hui Xiang*

*Li Zhi He, Ju He*

*Shi Di, Ding Xiang*





## Dui Yao: Herbal Medicine Power Couples

*Syllabus Continued*

### ***Couples 5***

*San Qi, Bai Ji*

*Pu Huang, Wu Ling Zhi*

*Da Ji, Xiao Ji*

*Di Yu, Huai Mi*

*Ai Ye, E Jiao*

*Chuan Xiong, Xiang Fu*

*Chuan Xiong, Dang Gui*

*Yan Hu Suo, Xiang Fu*

*Yi Mu Cao, Ze Lan*

*Tao Ren, Hong Hua*

*Tao Ren, Xing Ren*

*San Leng, E Zhu*

*Ru Xiang, Mo Yao*

*Shui Zhi, Meng Chong*





## Dui Yao: Herbal Medicine Power Couples

*Syllabus Continued*

### **Couples 6**

*Fu Zi, Gan Jiang*

*Fu Zi, Rou Gui*

*Gan Jiang, Bai Zhu*

*Ren Shen, Shou Di Huang*

*Ren Shen, Huang Qi*

*Dang Shen, Fu Ling*

*Shou Di Huang, Shan Zhu Yu*

*Bai Shao, Gan Cao*

*Suo Yang, Rou Cong Rong*

*Yin Yang Huo, Xian Mao*

*Du Zhong, Xu Duan*

*Du Zhong, Tu Si Zi*

*Sha Shen, Mai Men Dong*

*Nu Zhen Zi, Han Lian Zi*

*Gui Ban, Bie Jia*

*Rou Dou Kou, Bu Gu Zhi*

*Lian Zi, Qian Shi*





## Dui Yao: Herbal Medicine Power Couples

*Syllabus Continued*

### ***Couples 6 Continued***

*Fu Xiao Mai, Huang Qi*

*Long Gu, Mu Li*

*Suan Zao Ren, Zhi Mu*

*He Huan Pi, Ye Jiao Teng*

*Yuan Zhi, Shi Chang Pu*

*Gou Teng, Tian Ma*

*Shi Jue Ming, Jue Ming Zi*

*Quan Xie, Wu Gong*

### ***HOW TO GET PDA/CEUs***

*Course Worksheet*

*PDA Quiz*

*Course Evaluation*

